



GULF COAST RUNNERS SCHOLARSHIP RUBRIC

SCORE	GCR YOUTH TEAM PARTICIPANT/MEMBER	GPA	RUNNING CAREER	LETTERED	RUNNING ACCOLADES	WORK EXPERIENCE	VOLUNTEERISM	FINANCIAL NEED	ESSAY
5	The runner is a member of GCR, has participated in the GCR Youth Development Program, and has taken part in GCR Youth races or state meets.	4.0 or higher	Ran all 8 seasons in XC and distance in track.	Lettered all 4 years in either XC or Track	All State/ County 1st Team.	Worked part-time, averaging 10 or more hours each week.	Volunteer at 4 or more GCR events and has 30 hours or more volunteering at other agencies	High Need Factor: Family is struggling financially.	Clearly written with strong detail providing a snapshot of how running has shaped your life and why you are applying for this scholarship and addressing all categories on the rubric.
4	The runner is a member of GCR and has run 8 or more GCR races in their school career.	3.75-3.99	Ran 6 or 7 seasons in XC or distance in track.	Lettered all 3 years in either XC or Track	All county 2nd team or honorable mention	Worked part-time, averaging 8 to 9 hours each week.	Volunteer at 2-3 GCR events and has 30 hours or more volunteering at other agencies	High Need Factor: Cost of academic institution.	Well written with good detail explaining how running has influenced your life and your motivation for applying. Addresses most categories on the rubric with minor lapses in depth or clarity.
3	The runner has participated in 5 or more GCR races in their school career.	3.25-3.74	Ran 4 or 5 seasons in XC or distance in track.	Lettered all 2 years in either XC or Track	Team Captain	Worked part-time, averaging 6 to 7 hours each week or responsible for caring for siblings and managing household affairs.	Volunteer at 1 GCR events and has 21-29 hours volunteering at other agencies	Moderate/ Normal Need	Adequately written but lacks depth or specific examples about running or what they are applying. Addresses some rubric categories.
2	The runner has participated in 3 or 4 GCR races in their school career.	2.75-3.24	Ran 3 seasons of XC or distance in track	Lettered 1 years in either XC or Track	Team/Coaches award	Worked part-time, averaging 4 to 5 hours each week.	Has 16-20 hours of volunteering at other agencies	Low Financial Need	Written with limited details. Addresses few rubric categories.
1	The runner has participated in a 1 or 2 GCR races in their school career	2.5-2.74	Ran 2 seasons of XC or distance in track	Participated in XC or Track but did not letter	Participated on a XC or Track varsity team	Worked part-time, averaging 2 to 3 hours each week.	Has 10-15 hours of volunteering at other agencies	No financial need	Written with little or no details. Does not expound on the rubric categories.
0	The runner has never participated in a GCR race or did not address the question.	Below 2.5	Ran 1 or less seasons of XC or distance in track	Did not address the question.	Did not address the question.	Did not address the question.	Did not address the question.	X	Not written in essay format.